

## Understanding your Role in Care

### CPD Approved

Social care is the provision of social work, personal care, protection or social support services to children or adults in need, or at risk, or adults with needs arising from illness, disability, old age or poverty.

Choosing a job in health and social care means you want to make a difference to other people's lives by supporting and caring for them, so they can thrive and their quality of life is enhanced.

To work in a professional manner and provide the best quality of care, you need to know the duties, responsibilities and boundaries of your job.

This course will define social care and talk about why people choose it as a career and what its goals and objectives are. It will also cover job descriptions, person centred care, understanding code of practices and the basics of government legislation. Finally it will touch on dealing with conflicts at work.

Course	Module Number	Module Name	Pass % Required
Understanding your Role	1	The course structure	70
Understanding your Role	2	Understanding social care	70
Understanding your Role	3	Relationships	70
Understanding your Role	4	Agreed ways of working	70
Understanding your Role	5	Keeping up-to-date	70
Understanding your Role	6	Working in partnership	70
Understanding your Role	7	Resolving conflicts	70

### Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

**Duration:** 40 minutes *(Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions).*